

## The Solemnity of the Most Holy Body and Blood of Christ

Today is the Solemnity of the Most Holy Body and Blood of Christ, also known as Corpus Christi. We celebrate the body of Christ, which Jesus offers to the Father for the salvation of the world. It is a celebration of Christ who is both victim and priest in the Eucharist.

### The Most Sacred Heart of Jesus is celebrated on June 19!

"Draw from the Heart of Jesus the food and spiritual drink of your life, so that, nourished by Christ, you may be new people, deeply transformed in that divine love."

—Pope Francis, June 6, 2018



CNS photo/Paul Jeffrey

*"Refugees are women and men, boys and girls who are no different than our own family members and friends. Each of them has a name, a face, and a story, as well as an inalienable right to live in peace and to aspire to a better future for their sons and daughters."*

—Pope Francis, Address to the World Union of Jesuit Alumni, 2016

On June 20, we celebrate World Refugee Day, which provides an opportunity for Catholics to celebrate the contributions that refugees have made to our communities and nation. In this time of COVID-19, refugees work side-by-side with other U.S. essential workers, with 161,000 refugees working as health care workers and 170,000 in the U.S. food supply chain.

It is also a time to reflect on the harsh reality of forced migration, particularly through the eyes of refugees. A refugee is someone forced to flee from their home because of a well-founded fear of persecution for reasons of race, religion, nationality, political opinion or membership in a particular social group. They cannot return home, fearing persecution of themselves and their families.

Approximately 25.9 million refugees live in the world today. Two-thirds of all refugees worldwide come from just five countries: Syria, Afghanistan, South Sudan, Myanmar and Somalia. Addressing the causes that give rise to forced migration is an important step of dealing with the problem. Helping those who are currently displaced in their home countries or neighboring countries is a crucial intervention that can help protect their inherent dignity.

Every refugee is made in the image of God. Catholics have an obligation to provide support and protection and durable solutions for them as they are tragically displaced from their homes due to violence and persecution. To learn how you can help, please visit [www.JusticeforImmigrants.org](http://www.JusticeforImmigrants.org).