



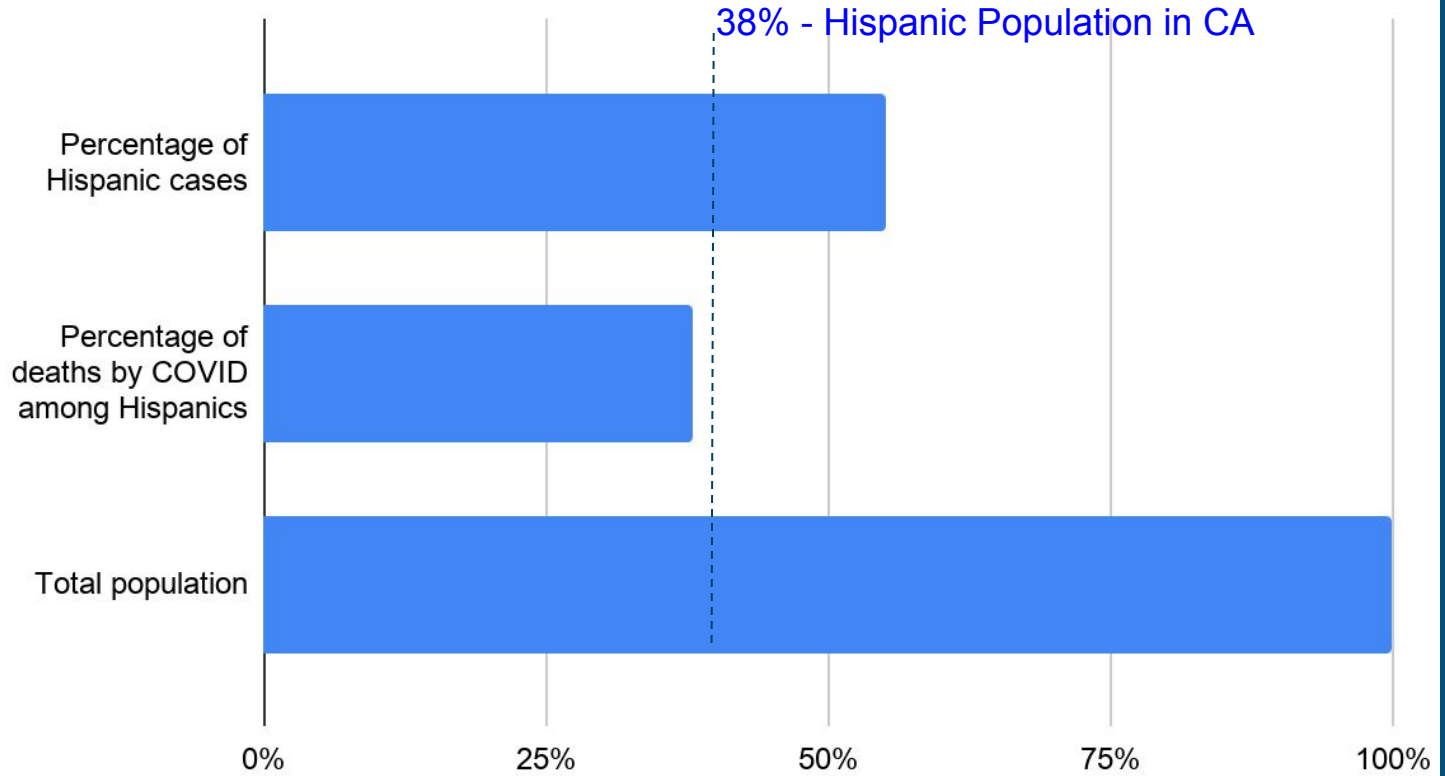
# COVID-19 and the Hispanic Community



# In the United States, Minority Populations Are More Likely To Get COVID-19

- Latinos tests positive for COVID-19 in a disproportionate number in almost every state.
- Two times higher in 30 states, four times higher in eight states.
- For example, in Virginia, 49% of all cases (with data of ethnic origin) come from the Latino community, which accounts for only 10% of the population.

## California - Cases and Deaths



# Why This Happens

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Latinos are over-represented in essential jobs that increase their exposure to the virus, says Dr. Alicia Fernandez (See picture). Regardless of their occupation, high rates of poverty and low wages mean that many Latinos feel compelled to leave home to seek work. Dense, multi-generational housing conditions make it easier for the virus to spread, she says.(NPR)

Also, culturally, the medical conditions that impact the Hispanic community can put this segment at a higher risk.



# Avoiding COVID-19

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Increase the flow of outdoor air

Separate work days and rest times for employees

Separate desks and work areas

Disinfect with more frequently

Ask the employees to stay home if they don't feel well

# Removing Gloves

Hold the glove you just removed in your gloved hand. Peel off the second glove by putting your fingers inside the glove at the top of your wrist. Turn the second glove inside out while pulling it away from your body, leaving the first glove inside the second. Dispose of the gloves safely.



# More Ways to Stay Safe

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Use hand sanitizer or wash your hands after everything you do - from eating to pumping gas

Eat outside, avoid the areas with recycled air

Don't share food

Avoid touching your eyes, nose and mouth

Treat anyone you don't live with as if they have the virus

# Recomendations for Work an Home

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Do this....



Educate  
Encourage  
Enforce

Avoid this...



Crowds  
Close contact  
Confined spaces



# Things allowed at your parish

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- OUTDOOR
  - Mass, weddings, and funerals
  - Confession, Adoration, Benediction
  - No size limits but you must have space to distance socially
- Communion is ok but must be placed in the person's hand
  - No communion on the tongue
- Encourage people who are more vulnerable to stay home
- Virtual Mass inside is allowed as long as you have fewer than 10 people
- A cantor is permitted in an outdoor Mass
- Shorten your celebrations for less exposure and to allow for cleaning between
- No meetings (indoor or outdoor) unless it is for specific counseling needs

# Early Child Care Facilities

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- Groups of no more than 10
  - No mixing of groups
  - One instructor per group
- Distance activity stations, tables, and chairs
- Prevent sharing of toys and encourage individual activities
- Stagger breaks and outdoor activities so groups don't intermingle
- Encourage symptom screenings
- Individually wrapped snacks and food only
- Encourage good hygiene

# Things allowed at cemeteries and mortuaries

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- Normal visitation hours and services with proper distancing restrictions
- Indoor services - allowed for now but we expect those guidelines to change soon
  - Limited to 25% capacity of the location
  - No limits for outdoor services
- Cantor is permitted outside with distancing
- All staff are working and taking appointments
- Open caskets are permitted
  - Discourage touching of the body
- Encourage live streaming of funeral whenever possible
- Everyone is required to wear masks and respect distancing

# Resources - Hearts to Serve

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## **Hotline - (855) 423-6780**

Provides information and resources to those in need, especially the elderly and homebound.

The hotline provides a place for people throughout the three counties (Los Angeles, Ventura and Santa Barbara) to find local resources such as food pantries, pregnancy centers, mental health resources and community centers to help families in need.

# Resources - Housing

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## **211 - Los Angeles, Ventura, Santa Barbara**

Guide to services, resources and information provided by each county.

## **The LA Department of Consumer and Business Affairs - (DCBA)**

(833) 223-7368

Rent stabilization program devoted to assisting the public, also providing mediation for owners and tenants.

# Resources - Cardinal McIntyre Fund

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**The fund was formed to assist the "neediest of the needy" by raising and maintaining funds to reimburse parishes of the archdiocese of los angeles for emergency financial assistance they give to individuals and families.**

Call 213-251-3438 or email [cmfc@la-archdiocese.org](mailto:cmfc@la-archdiocese.org).

# Resources - Legal

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**Catholic Charities - (213) 251-3400 or (213) 251-3411**

An agency that responds to the needs of people living in poverty and the most vulnerable through various services. Services vary by place.

**Esperanza (a project of Caridades Católicas Los Ángeles)**

**Esperanza consists of a team of passionate staff, interns and volunteers working together to promote the rights of vulnerable immigrants through education, representation and promotion.**

# Report any possible case right away

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